



Critical Incident Response Plan

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1. Introduction

Milltown GAA Executive Committee, as part of our 'Healthy Club' initiative, have created this Critical Incident Response (CIR) plan to offer as a guide and signpost document to our club officials, mentors, players and other stakeholders in the event of a 'critical incident' in the club or community. The plan was completed in line with the official guidance documents developed by Croke Park's Community and Health Department (see www.gaa.ie/my-gaa/community-and-health/)

1.1 Critical incident defined

A critical incident is any event that is outside the range of usual human experience. It is an event that causes an unusually intense stress reaction which has the emotional power to overwhelm an individual's usual ability to cope.

Examples of critical incidents may include:

- Death or serious injury on or off the playing field
- Exposure to the aftermath of a road traffic collision or other traumatic incident
- Close encounter with death
- Death by suspected suicide of a club member
- Personal loss or injury



1.2 Key objectives in responding to a critical incident



Fig. 1 – CIR Objectives

2. Critical Incident Response Plan

The following section outlines the basic steps, details and responsibilities for critical incident response for Milltown GAA. This content does not cover every circumstance, but will provide some guidance for volunteer members of the club to follow in the event of a critical incident.

2.1 Who, what and when guide for Milltown GAA volunteers

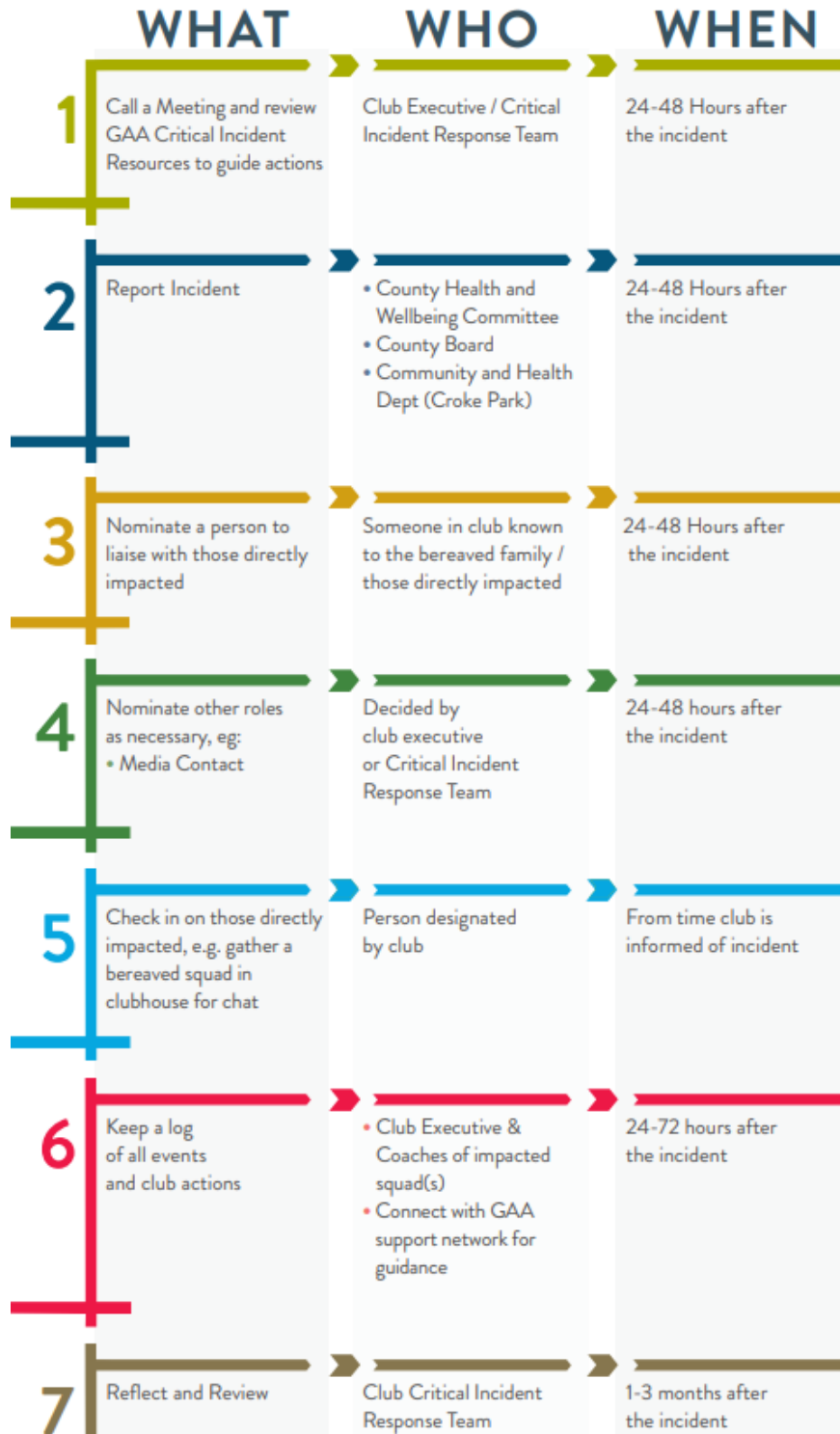


Fig. 2 – CIR Roadmap

2.2 Key considerations for CIR

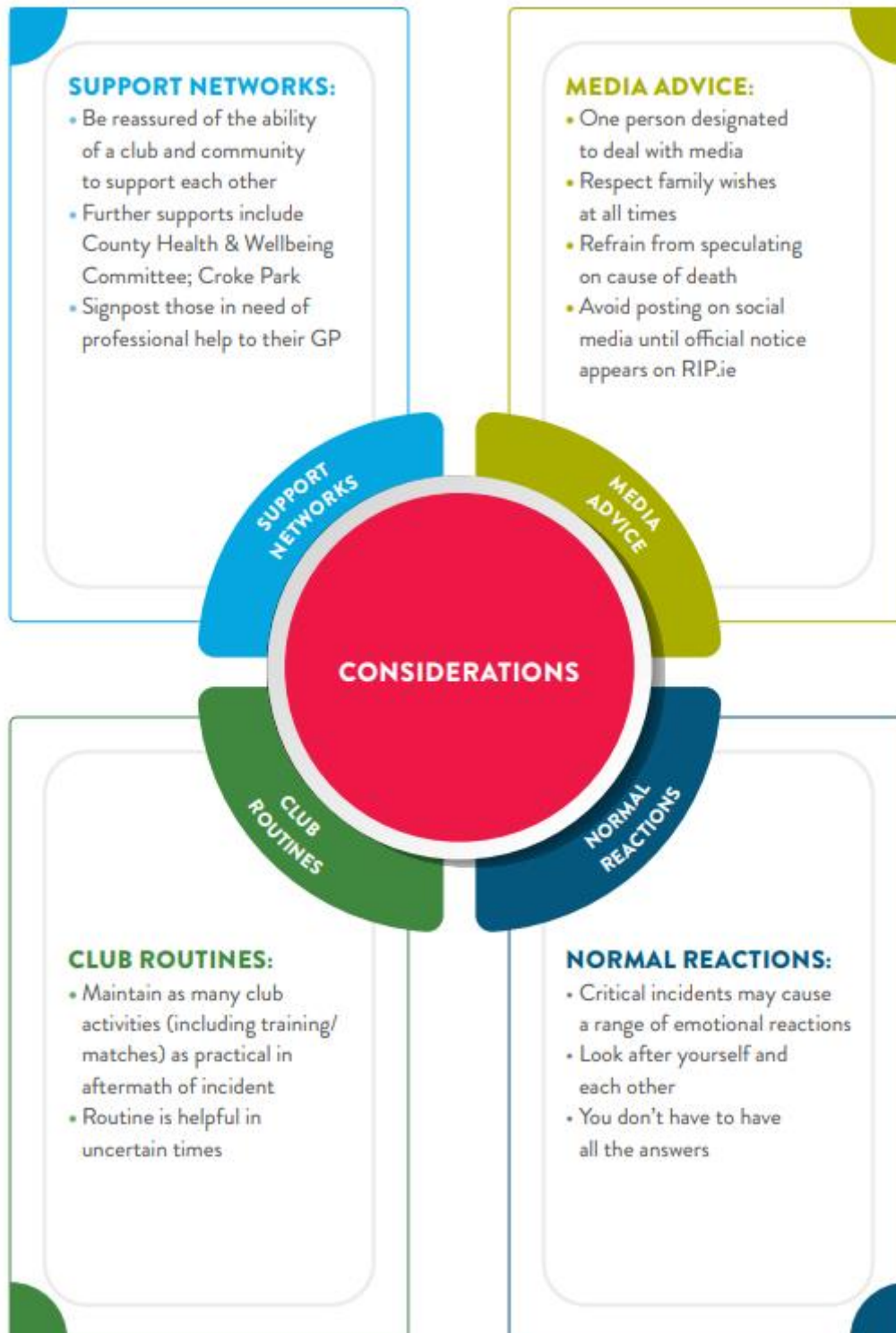


Fig. 3 – CIR Key Considerations



3. Important information for emergency services

3.1 Club Address: Milltown Rathconrath, Mullingar, Co.
Westmeath

3.2 EIRCODE N91 VA06

3.3 Map location: see pin drop on map below,

<https://maps.app.goo.gl/8zGUYZXNpqkbHJGd8>

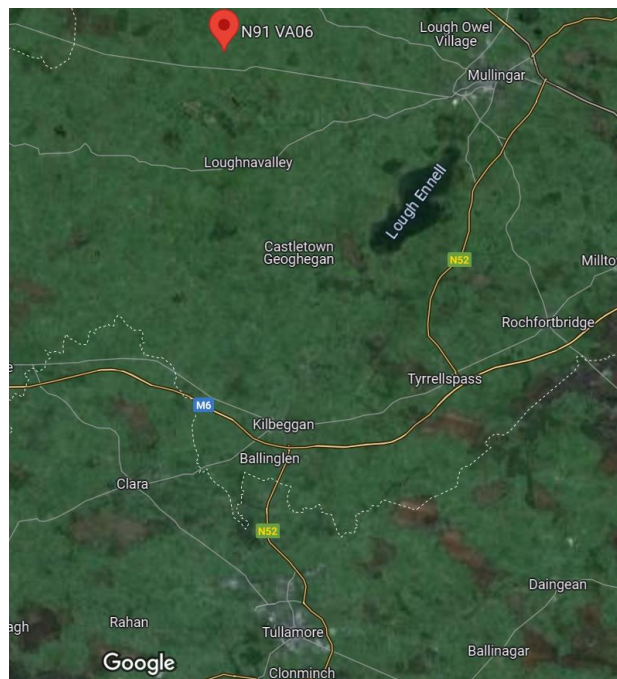


Fig. 4 – Location of club grounds in relation to Mullingar and Tullamore

3.4 Other important club information

AED Defibrillator Unit located on the ground floor of the club building inside the 'referees' room



Organisation	Key Contact	Telephone
Mullingar Garda Station	Superintendent Thomas Murray	+353 44 93 84 000
Mullingar hospital	Dr. Hilary Cronin	+ 353 44 934 0221
Mullingar Fire services	Mr. Pat Hunt	+353 44 93 32 101
First Aid Responders, Milltown	Ms Celine Geraghty Mrs Kate Dillon	+353 86 807 3308 +353 86 380 3393

Fig. 5 – key contacts



Fig. 6



Fig. 7 – aerial map of club grounds



4. Critical Incident Response Plan contacts

4.1 CIR plan lead persons

Lead liaison person:

Name: Paul Heduan

Contact No: 087 962 6573

Alternative Lead Person:

Name: Thomas Lynn

Contact No: 085 240 1700

4.2 Other key club personell 2024

Coiste Feidhmiúcháin CLG Bhaile an Mhuilinn Milltown GAA Executive Committee 2024		
Oifig/ Role	Ainm/ Name	Riomhpoist/ Email
Cathaoirleach/ Chairperson	Celine Geraghty	chairperson.milltown.westmeath@gaa.ie
Leas Chathaoirleach/ Vice Chairperson	Paul Heduan	chairperson.milltown.westmeath@gaa.ie
Runaí/ Secretary	Niamh Ballesty	secretary.milltown.westmeath@gaa.ie
Rúnaí Cúnta/ Assistant Secretary	Caroline Hynes	secretary.milltown.westmeath@gaa.ie
Cisteoir/ Treasurer	Daniel Kenny	treasurer.milltown.westmeath@gaa.ie
Cisteoir Cúnta/ Assistant Treasurer	Breda Doolin	treasurer.milltown.westmeath@gaa.ie
Oifigeach Caidrimh Phoiblí/ Public Relations Officer	Sinead Geraghty	pro.milltown.westmeath@gaa.ie
Clárathoir/ Registrar	Gemma Geraghty	Gemmageraghtyloreto@gmail.com
Oifigeach Leanaí/ Childrens Officer	Renee Dillon	reneedoolindillon@gmail.com
Oifigeach Cóitseála/ Coaching Officer	Damien Byrne	damian2103@hotmail.com
Oifigeach Gaeilge agus Cultúir Irish Language and Culture Officer	Sarah Pendred	sarah.pendred4@gmail.com
Toscaire Bhord an Chontae/ County Board Delegates	Louis Kiernan James Gunning	lkiernan@ndsol.ie jamesgunning50@gmail.com
Oifigeach Club Sláintiúil/ Healthy Club Officer	Thomas Lynn	thomaslynn@live.ie



Fochoiste airgeadais/ Finance Subcommittee 2024	Marie Murtagh, Brian Nugent, Amy Doolin, Shauna Dillon, Pete Ballesty Niall McGauran, Caroline Hynes, Renee Dillon, Breda Ballesty
Fochoiste Club glas/ Green Club Subcommittee	Sarah Flanagan, Paul Heduan , Ciara Ballesty, Conor Lynn
Club referee	Paul McCaughey

4.3 Other roles may be identified on a case-by-case basis.

Some examples below:

Family liaison person (someone known to family):

Garda Liaison:

HSE / PHA / Support Agency Liaison:

Key point:
Keep the family and those directly impacted informed and at the centre of all decisions

5. Summary

After managing a critical incident, it is good practice to review the procedures and amend the plan in the light of experience and lessons learned. Milltown GAA will strive to carry this out annually regardless of the occurrence of an incident. Checklist for reviewing the critical incident response plan:

- ✓ Have key roles been clearly identified and tasks clearly outlined? Are personnel suitable?
- ✓ Is the contact list for external agencies appropriate and complete? Are materials such as press releases, letters readily available for adaption to suit the circumstances?



- ✓ Are telephone numbers on contact lists up to date?
- ✓ Has a date been set for a review of the plan?
- ✓ Where will the plan be kept and are people aware of this?

Milltown GAA are aware that this document does not, and can not cover every eventuality in critical incidents. With this in mind, the club volunteers will use the guidance and expertise available from Community and Health Department from Croke Park. See details in the appendices for further sources of information that the club will call upon in this regard.

Appendix 1 – Useful GAA Contacts

Contact	Contact Name	Contact Details
County Health & Wellbeing Chair	Ann Gavin	+353 87 640 0796
County Chairperson	Frank Mescal	+353 87 984 3737



County PRO	Marie Lynagh	+353 87 671 6595
Community & Health Department Croke Park	Aideen Howlin	01- 8658600 Email: aideen.howlin@gaa.ie or community.health@gaa.ie

Appendix 2 – sources of other information

Developing a CIR Plan

See link [ophnvfjknpy9m84ndiau.pdf \(gaa.ie\)](#)

CIR Training from Croke Park

[Critical Incident Response Plan \(gaa.ie\)](#)

Responding to a CIR

[ngebrt0hshk48ksrr516.pdf \(gaa.ie\)](#)

Detailed guide to responding to a Critical incident

[ga82fmzyh8lniqnkhpv.pdf \(gaa.ie\)](#)

Appendix 3– Critical Incident Response Review s

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Date of Issue		Date of Review	
Person Responsible for Review		Paul Heduan Thomas Lynn	

Important Action Points

- Review the plan and its content at least once a year or after an incident
- Keep the plan up-to-date regarding personnel
- Keep the contact list on your phone in case it becomes necessary to activate the plan
- Send a copy of the plan to stakeholders after each major amendment.